

Lake Roland Planting List

This plant list was developed as a guide to gardeners and others when working in Lake Roland. It has been agreed by Baltimore County Department of Recreation and Parks and the Lake Roland Nature Council that only native plants are to be used for gardens and reclamation projects in the park. "Native" is being defined in a strict sense. Only plants native to the Maryland Piedmont are acceptable for consideration.

Native plants form the foundation of a healthy environment. Many of our native insects are depended on specific native plants for their survival. These insects become a critical step in the food chain that supports birds, reptiles, mammals and fish.

The list includes many plants known to be "in the trade", that is they are sold by many plant retailers and wholesalers. Other plants are marked as being available at native plant sales. Plants believed to be deer resistant are also indicated. These indicators are meant only as an aid and should not be interpreted as complete. Plants not marked may well be available for sale or may be resistant to deer browse.

Cultivars of native plants are acceptable for decorative and demonstration gardens if the plant does not deviate too far from the natural plant in size, form or color.

Cultivars should not be used in reclamation projects or any planting in a natural area within the park. Also, plants in the natural areas should be planted where they might naturally be found, e.g., upland plants in the uplands and floodplain plants in the floodplain.

Native plants to be added or any proposed changes to this list should be submitted to the Environmental, Educational and Historical Preservation Committee of the Lake Roland Nature Council.

Key to plant availability: T1 – in Wholesale Trade, T2 – Sold at Native Plant Sales

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	Genus	Species	Common Name	Availability	Deer Resistant
Ferns	Adiantum	pedatum	Northern Maidenhair Fern	T1	Y
	Asplenium	platyneuron	Ebony Spleenwort	T2	Y
	Athyrium	filix-femina	Lady Fern	T1	Y
	Dennstaedtia	punctilobula	Hayscented Fern	T1	Y
	Deparia	thelypteroides	Silvery Glade Fern		
	Dryopteris	intermedia	Intermediate Wood Fern	T2	Y
	Dryopteris	marginalis	Marginal Wood Fern	T2	Y
	Dryopteris	carthusiana	Spinulose Wood Fern	T2	Y
	Dryopteris	cristata	Crested Wood Fern	T2	Y
	Dryopteris	goldiana	Goldie's Wood Fern	T1	Y
	Onoclea	sensibilis	Sensitive Fern	T1	Y
	Osmunda	regalis	Royal Fern	T1	Y
	Osmunda	claytoniana	Interrupted Fern	T2	Y
	Osmundastrum	cinnamomea	Cinnamon Fern	T1	Y
	Phegopteris	hexagonoptera	Broad Beech Fern	T2	Y
	Polystichum	acrostichoides	Christmas Fern	T1	Y
	Thelypteris	noveboracensis	New York Fern	T1	Y
Grasses	Andropogon	gerardii	Big Bluestem	T1	Y
	Andropogon	virginicus	Broomsedge	T1	Y
	Dichantherium	clandestinum	Deer Tongue Grass		Y
	Dichantherium	commutatum	Variable Panicgrass		Y
	Elymus	canadensis	Canada Wild Rye	T1	Y
	Elymus	hystrix	Bottlebrush Grass	T1	Y
	Panicum	virgatum	Switchgrass	T1	Y
	Saccharum	giganteum	Giant Plumegrass		Y

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	Schizachyrium	scorparium	Little Bluestem	T1	Y
	Sorghastrum	nutans	Indiangrass	T1	Y
	Tripsacum	dactyloides	Gama Grass	T1	Y
Sedges	Carex	crinita	Fringed Sedge		Y
	Carex	glaucoidea	Blue Sedge	T1	Y
	Carex	lurida	Shallow Sedge		Y
	Carex	pennsylvanica	Pennsylvania Sedge	T1	Y
Herbaceous	Actaea	pachypoda	White Baneberry	T2	Y
	Actaea	racemosa	Black Snakeroot	T1	Y
	Agalinis	purpurea	False Foxgloves		Y
	Ageratina	altissima	White Snakeroot	T1	Y
	Ageratina	aramatica	Small White Snakeroot		Y
	Anemone	canadensis	Canada Anemone	T1	
	Anemone	quinquefolia	Wood Anemone		
	Anemone	virginiana	Thimbleweed	T2	Y
	Aquilegia	canadensis	Wild Columbine	T1	Y
	Aralia	nudicaulis	Wild Sarsaparilla		Y
	Aralia	racemosa	Spikenard	T2	Y
	Arenaria	serpyllifolia	Sandwort		
	Arisaema	dracontium	Green Dragon	T2	Y
	Arisaema	triphyllum	Jack-in-the-pulpit	T1	Y
	Aristolochia	serpentaria	Virginia Snakeroot	T2	Y
	Aruncus	dioicus	Goatsbeard	T1	Y
	Asarum	canadense	Wild Ginger	T1	Y
	Asclepias	exaltata	Poke Milkweed		Y
	Asclepias	syriaca	Common Milkweed	T2	Y
	Asclepias	tuberosa	Butterflyweed	T1	Y
	Biden	cernua	Bur Marigold		Y
	Caltha	palustris	Marsh Marigold	T1	Y
	Campanula	americana	Tall Bellflower	T2	

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	Cardamine	angustata	Slender Toothwort		Y
	Cardamine	concatenata	Cutleaf Toothwort		Y
	Caulophyllum	thalictroides	Blue Cohosh	T2	Y
	Chamaecrista	fasciculata	Partridge Pea		Y
	Chelone	glabra	White Turtleheads	T1	
	Chimaphila	maculata	Spotted Wintergreen	T1	Y
	Chrysopsis	marina	Maryland Golden Aster		
	Claytonia	virginiana	Spring Beauties	T1	Y
	Clitoria	mariana	Butterfly Pea		
	Coreopsis	tripteris	Tall Coreopsis	T1	Y
	Coreopsis	verticillata	Whorled Coreopsis	T1	Y
	Cypripedium	acaule	Pink Lady's Slipper	T2	
	Cypripedium	calceolus	Yellow Lady's Slipper	T2	
	Delphinium	tricorne	Dwarf Larkspur	T1	
	Desmodium	paniculatum	Panicled Tick Trefoil		
	Dicentra	canadensis	Squirrel Corn	T2	Y
	Dicentra	cucullaria	Dutchman's Breeches	T2	Y
	Epilobium	angustifolium	Fireweed		Y
	Erigeron	pulchellus	Robin's Plantain	T2	Y
	Eupatorium	dubium	Joe-Pye weed	T1	Y
	Eupatorium	fistulosum	Hollow-stemmed JoePye Weed	T1	Y
	Eupatorium	maculatum	Spotted Joe-Pye Weed	T1	Y
	Eupatorium	perfoliatum	Boneset	T1	Y
	Eurybia	divaricata	White Wood Aster	T1	Y
	Fragaria	vesca	Wood Strawberry		
	Fragaria	virginiana	Wild Strawberry	T2	Y
	Gentiana	clausa	Closed Gentian	T1	
	Geranium	maculatum	Wild Geranium	T1	Y
	Helenium	autumnale	Common Sneezeweed	T1	
	Helianthus	decapetalus	Thin-leaved sunflower	T1	
	Helianthus	divaricatus	Woodland Sunflower	T1	

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	Hepatica	americana	Round-lobed Hepatica	T1	Y
	Heracleum	maximum	Cow Parsnip		
	Heuchera	americana	Alumroot	T1	
	Houstonia	caerulea	Bluets	T1	Y
	Hydrophyllum	virginianum	Virginia Waterleaf	T2	Y
	Hypoxis	hirsuta	Yellow Stargrass	T2	
	Impatiens	capensis	Jewelweed (spotted)		Y
	Impatiens	pallida	Jewelweed (pale)		Y
	Iris	versicolor	Northern Blue Flag	T1	Y
	Lespedeza	capitata	Round-headed Bush Clover		
	Liatris	pilosa	Grass-leaf Blazing Star		
	Liatris	scariosa	Eastern Blazing Star	T1	
	Liatris	spicata	Blazing Star	T1	
	Lilium	canadense	Canada Lily	T1	
	Lilium	philadelphicum	Woof Lily		
	Lilium	superbum	Turk's-cap Lily	T1	
	Lobelia	cardinalis	Cardinal Flower	T1	Y
	Lobelia	siphilitica	Great Blue Lobelia	T1	Y
	Lupinus	perennis	Lupine	T1	
	Lysimachia	ciliata	Fringed Loosestrife		
	Lysimachia	quadrifolia	Whorled Loosestrife		
	Maianthemum	canadense	Canada Mayflower	T2	Y
	Maianthemum	racemosum	False Solomon's Seal	T1	Y
	Medeola	virginiana	Indian Cucumberroot		Y
	Mertensia	virginica	Virginia Bluebells	T1	Y
	Mimulus	ringens	Monkey Flower	T1	
	Minuartia	michauxii	Sandwort		
	Mirabilis	nyctaginea	Wild Four-o'clock		
	Mitchella	repens	Partridgeberry	T1	Y
	Mitella	diphylla	Miterwort	T2	Y
	Monarda	didyma	Bee Balm	T1	Y
	Monarda	fistulosa	Wild Bergamot	T1	Y

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	Oenothera	biennis	Evening-primrose	T1	
	Oenothera	perennis	Sundrops	T1	
	Oxalis	violacea	Violet Wood Sorrel	T2	Y
	Packera	aurea	Golden Ragwort	T1	Y
	Packera	obovata	Round-leaved Ragwort		
	Packera	paupercula	Balsam Ragwort		
	Panax	quinquefolius	Ginseng		
	Panax	trifolius	Dwarf Ginseng		
	Pedicularis	canadensis	Wood Betony	T2	Y
	Penstemon	canescens	Gray Beardtongue		
	Penstemon	digitalis	Foxglove Beardtongue	T1	
	Phacelia	purchii	Miami Mist		
	Phemeranthus	teretifolius	Fameflower		
	Phlox	divaricata	Wild Blue Phlox	T1	Y
	Phlox	subulata	Moss Phlox	T1	Y
	Physostegia	virginiana	Obedient Plant	T1	
	Podophyllum	peltatum	Mayapple	T1	Y
	Pogonia	ophioglossoides	Rose Pagonia		
	Polemonium	reptans	Greek Valerian	T1	
	Polygonatum	biflorum	Solomon's Seal	T1	Y
	Porterantus	trifoliatus	Bowman's root	T1	
	Pycnanthemum	muticum	Short-toothed Mountain-mint	T1	Y
	Pycnanthemum	tenuifolium	Narrow-leaved Mountain-mint		Y
	Rhexia	mariana	Maryland Meadow Beauty	T2	
	Rhexia	virginica	Meadow Beauty	T1	
	Rudbeckia	hirta	Black-eyed Susan	T1	
	Rudbeckia	laciniata	Tall Coneflower	T1	
	Rudbeckia	triloba	Three-lobed Coneflower		
	Sabatia	angularis	Rose-pink		
	Salvia	lyrata	Lyre-leaved Sage	T1	Y
	Sanguinaria	canadensis	Bloodroot	T1	Y

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	Scrophhularia	marilandica	Maryland Figwort	T2	
	Scutellaria	elliptica	Hairy Skullcap		
	Scutellaria	incana	Downy Skullcap		
	Scutellaria	integrifolia	Hyssop Skullcap		
	Scutellaria	saxatilis	Rock Skullcap		
	Sedum	ternatum	Wild Stonecrop	T1	Y
	Silene	acaulis	Moss Champion		Y
	Silene	caroliniana	Wild Pink	T2	
	Silene	stellata	Starry Champion		
	Silene	virginica	Fire Pink	T1	
	Sisyrinchium	augustifolium	Blue-eyed Grass	T1	Y
	Solidago	altissima	Tall Goldenrod		Y
	Solidago	bicolor	Silver-rod	T2	Y
	Solidago	caesia	Blue-stem Goldenrod	T1	Y
	Solidago	canadensis	Canada Goldenrod	T2	Y
	Solidago	flexicaulis	Zigzag Goldenrod	T1	Y
	Solidago	graminifolia	Grass-leaved Goldenrod	T1	Y
	Solidago	hispida	Hairy Goldenrod		Y
	Solidago	juncea	Early Goldenrod		Y
	Solidago	nemoralis	Dwarf Goldenrod	T1	Y
	Solidago	patula	Rough goldenrod		Y
	Solidago	racemosa	River-bank Goldenrod		Y
	Solidago	rugosa	Wrinkled-leaved Goldenrod	T1	Y
	Spiranthes	cernua	Nodding Ladies' Tresses	T1	
	Spiranthes	gracilis	Slender Ladies' Tresses	T1	
	Stellaria	pubera	Star Chickweed		Y
	Symphyotrichum	cordifolium	Heart-leaved Aster	T1	Y
	Symphyotrichum	laeve	Smooth Aster	T1	Y
	Symphyotrichum	novae-angliae	New England Aster	T1	Y
	Symphyotrichum	novi-belgii	New York Aster	T1	Y
	Thalictrum	dasycarpum	Purple Meadow Rue		Y
	Thalictrum	dioicum	Early Meadow Rue		Y

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	Thalictrum	polypamom	Tall Meadow Rue		Y
	Thalictrum	thalictroides	Rue Anemone	T2	Y
	Thaspium	barbinode	Hairy-jointed Meadow Parsnip		
	Thaspium	trifoliatum	Meadow Parsnip		
	Tiarella	cordifolia	Foam Flower	T1	Y
	Tradescantia	ohiensis	Spiderwort	T1	
	Tradescantia	virginica	Spiderwort	T1	
	Trillium	cernuum	Nodding Trillium	T1	
	Trillium	erectum	Sticking Benjamin	T1	
	Trillium	grandiflorum	Large White Trillium	T1	
	Trillium	sessile	Toadshade	T1	
	Trillium	undulatum	Painted Trillium	T1	
	Uvularia	grandiflora	Large-flowered Bellwort	T1	Y
	Uvularia	perfoliata	Perfoliated Bellwort	T1	Y
	Uvularia	sessilifolia	Sessile-leaved Bellwort	T1	Y
	Veratrum	viride	False Hellebore		
	Verbena	hastata	Blue Vervain		
	Verbena	simplex	Narrow-leaved Vervain		
	Vernonia	noveboracensis	New York Ironweed	T1	Y
	Veronicastrum	virginicum	Culver's Root	T1	
	Viola	blanda	Sweet White Violet		Y
	Viola	canadensis	Canada Violet	T2	Y
	Viola	hastata	Halbert-leaved Violet		Y
	Viola	pedata	Bird-foot Violet	T1	Y
	Viola	pubescens	Downy Yellow Violet		Y
	Viola	rostrata	Long-spurred Violet		Y
	Viola	sagittata	Arrow-leaved Violets		Y
	Viola	sororia	Common Blue Violet		Y
	Viola	striata	Pale Violet		Y
	Zizia	aptera	Heart-leaved Alexander		
	Zizia	aurea	Golden Alexander	T1	
	Zizia	trifoliata	Bebb's Zizia		

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Shrubs	Alnus	serrulata	Smooth Alder	T1	Y
	Aralia	spinosa	Devil's Walking Stick	T1	Y
	Ceanothus	americanus	New Jersey Tea	T1	
	Cephalanthus	occidentalis	Buttonbush	T1	Y
	Comptonia	pergrina	Sweet Fern	T1	Y
	Cornus	amomum	Silky Dogwood	T1	Y
	Corylus	americana	Hazel Nut	T1	Y
	Gaylussacia	baccata	Huckleberry	T2	Y
	Gaylussacia	frondosa	Dangleberry	T2	Y
	Hamamelis	virginiana	Witch Hazel	T1	Y
	Hydrangea	arborescens	Wild Hydrangea	T1	
	Hypericum	densiflorum	Dense St, Johnswort	T1	Y
	Ilex	verticillata	Winterberry	T1	Y
	Kalmia	latifolia	Mountain Laurel	T1	Y
	Lindera	benzoin	Spice Bush	T1	Y
	Lyonia	ligustrina	Maleberry		Y
	Photinia	melanocarpa	Black Chokeberry	T1	
	Photinia	pyrifolia	Red Chokeberry	T1	
	Physocarpus	opulifolius	Ninebark	T1	Y
	Rhododendron	periclymenoides	Pinksterflower	T1	
	Rosa	carolina	Pasture Rose	T1	
	Rubus	allegheniensis	Blackberry	T2	Y
	Rubus	flagellaris	Dewberry		Y
	Rubus	odoratus	Purple-flowering Raspberry	T1	
	Sambucus	canadensis	Elderberry	T1	Y
	Sambucus	pubens	Red-berried Elder		
	Staphylea	trifolia	Bladdernut	T2	
	Vaccinium	corymbosum	Highbush Blueberry	T1	Y
	Vaccinium	pallidum	Upland Blueberry	T2	Y
	Viburnum	acerifolium	Maple Leaved Viburnum	T1	
	Viburnum	dentatum	Arrow Wood	T1	

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	Viburnum	prunifolium	Black Haw	T1	
Woody Vines	Campsis	radicans	Trumpet Creeper	T1	Y
	Clematis	virginiana	Virgin's Bower	T1	Y
	Lonicera	sempervirens	Trumpet Honeysuckle	T1	
	Parthenocissus	quinquefolia	Virginia Creeper	T1	Y
Small Trees	Amelanchier	arborea	Downy Serviceberry	T1	
	Amelanchier	laevis	Smooth Serviceberry	T1	
	Asimina	triloba	Pawpaw	T1	
	Castanea	pumila	Chinquapin	T1	
	Celtis	occidentalis	Hackberry	T1	
	Cercis	canadensis	Redbud	T1	
	Chionanthus	virginicus	Fringe Tree	T1	
	Cornus	alternifolia	Alternate-leaved Dogwood	T1	
	Cornus	florida	Flowering Dogwood	T1	
	Ilex	opaca	American Holly	T1	Y
	Sassafras	albidum	Sassafras	T1	Y