



2016 **LAKE ROLAND** 2017

1000 LAKESIDE DRIVE, BALTIMORE, MD 21210
 WWW.LAKEROLAND.ORG • (410) 887-4156 • WWW.FACEBOOK.COM/LRP



LAKE ROLAND
NATURE COUNCIL

WINTER PROGRAMS

Registration is limited and required for all programs unless indicated otherwise.
 Please call (410) 887-4156 or email lakerol-rp@baltimorecountymd.gov to register.

<p><u>Winter Break Camp</u> Monday, December 26th - Friday, December 30th, 8:30am – 3:30pm Ages 6-12, \$150 per child (\$140 members)</p>	<p>Winter break camp is a great way to keep the kids active during the school break. Campers will enjoy playing games, making crafts, nature activities, going for hikes, and much more! Limited enrollment.</p>
<p><u>First Day Hike</u> Sunday, January 1st, 10:00am – 12:00pm All ages, Free!</p>	<p>Start the year off right by enjoying the great outdoors! Join a park ranger for an easy hike observing nature's winter splendor. Wear warm clothes and bring water.</p>
<p><u>First Day Yoga</u> Sunday, January 1st 11:00am—12:00pm Ages 10 & up \$2 per person</p>	<p>Start the year off right with a yoga class at the park! Join us in the Nature Center for an all-levels gentle yoga class while taking in a beautiful view of the park. Ages 10 and up; minors must be accompanied by an adult. Please bring a yoga mat if you have one. Mats will be available on a first-come, first-served basis.</p>
<p><u>Linoleum Block Printing and Card Making For Adults</u> Two sessions: Saturday, January 14th and Saturday, January 21st, 10:30am – 12:30pm Class size: 10 adults \$25 per person (\$20 for members) Supplies included, held in the Nature Center</p>	<p>Looking for something new to learn as the winter doldrums approach? Join us for a two session class on Saturday, January 14th and Saturday, January 21st, 10:30-noon both days. Learn how to carve a linoleum block and create multiple prints the first class. The second class you will be making with your prints original, unique cards ready for sending! *Must sign up for both classes</p>
<p><u>Donut Run</u> Sunday, January 15th , 9:00am Ages 7 and up, \$5 per person</p>	<p>Donuts and hot beverages await you at the end of our short (5 miles or less) run through Lake Roland's marked trails. No run times will be recorded, but top finishers will be recognized at the end of the run. (No pets or strollers please).</p>
<p><u>School's Out Day</u> Tuesday, January 17th 8:30am – 2:30PM Ages 6-12 \$25/day Extended Care: 2:30-4:30, \$10</p>	<p>Looking for something fun for your child to do when school is out? Unplug the kids and let them spend the day exploring nature at the park! Kids spend a majority of their day outside (weather permitting). Limited enrollment.</p>
<p><u>Wolf Moon Hike & Campfire</u> Saturday, January 21st 7:00 – 9:00pm Ages 8 and up, \$3 per person (\$2 members)</p>	<p>Tradition and folklore dub January's moon the Wolf Moon. Join a ranger for a night hike and then gather around our campfire to warm up with hot chocolate. Dress appropriately for the weather.</p>

**Looking for something fun for your child to do when school is out?
 Unplug the kids and let them spend the day exploring nature at the park!**

<p style="text-align: center;"><u>Winter Break Day Camp</u></p> <p style="text-align: center;">Monday, Dec 26 through Friday, Dec 30</p> <p style="text-align: center;">8:30am—3:30pm</p>		<p style="text-align: center;"><u>School's Out Days:</u></p> <p style="text-align: center;">January 17</p> <p style="text-align: center;">February 20</p> <p style="text-align: center;">8:30am—2:30pm</p>
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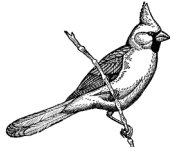
Bring lunch, snack, and water, and dress appropriately for outdoor activities.

Coloring for Couples and Friends

Friday, February 10th
6:30 – 8:30pm
\$15 per person
Ages 21 and up

Kick off your Valentine’s Day celebration by joining us in the new Nature Center for one the hottest trends: adult coloring books. We will supply preprinted coloring sheets, markers, colored pencils, and everyone’s favorite . . . crayons.
Be a kid again, but with adult beverages and chocolate.

BIRD EXTRAVAGANZA



**Saturday, February 18th, 10:00am – 1:00pm and
Sunday, February 19th, 10:00am – 1:00pm**

Join us for birding activities and search for birds in the Great Backyard Bird Count!



- MEET LIVE BIRDS
- JOIN BIRDING HIKES
- MAKE CRAFTS
- HELP BUILD A GIANT BIRD’S NEST
- PLAY GAMES
- HOT DRINKS & CAMPFIRE
- All Ages! **FREE!** No registration required!

School’s Out Day

Monday, Feb 20th
8:30am – 2:30PM
Ages 6-12, \$25/day
Extended Care: 2:30-4:30, \$10

Looking for something fun for your child to do when school is out? Unplug the kids and let them spend the day exploring nature at the park! Kids spend a majority of their day outside (weather permitting).
Limited enrollment.

Cabin Fever Campfire

Saturday, March 4th, 6:00 – 8:00pm
Ages 5 and up,
\$3 per person (\$2 members)

Need a cure for cabin fever? Let nature be your remedy! Join us as we explore the forest at night to listen and look for what is stirring. Then warm up around the campfire with s’mores and Native American stories about the return of spring.

Maple Sugaring

Saturday, March 4th, OR
Sunday, March 5th, 2:00 – 4:00pm
All ages, \$3 per person (\$2 members)

Learn the art of turning sap into syrup from our rangers. Take a hike to tap trees, see sap cooking into syrup, and taste a variety of different syrups made here at the park!

St. Patrick’s Snakes

Saturday, March 11th, OR
Sunday, March 12th, 2:00 – 4:00pm
Ages 5 and up \$3 per person
(\$2 members)

Legend has it that Ireland has St. Patrick to thank for its lack of snakes, but we’re thankful for the many snakes that call Lake Roland park home! Come meet several friendly serpents and create a slithery craft.

See next page for ongoing programs!

Become a Maryland Master Naturalist!

Maryland Master Naturalist training consists of 60 hours of classroom and hands-on experience in a variety of subjects such as botany, entomology, herpetology, and ornithology. Classes are taught by university professors and experts in the field.



Dates: March 27 - May 22, 2017 (except April 10)
Days: Mondays, 9:00 am - 3:30 pm and two Saturdays, April 29 & May 20
Fee: \$250, due at start of course to cover the cost of materials

Interested in evening classes? Call or email us to let us know! We’re starting a wait list and will hold a session of evening classes if there is enough interest.

For more information or to find out how to apply for this program, call 410 887-4156, email lakerol-rp@baltimorecountymd.gov, or visit extension.umd.edu/masternaturalist

ONGOING PROGRAMS

<p><u>Nature Book Club</u> Mondays, every 6-8 weeks 7:00 – 8:30pm Adults only, Free!</p>	<p>Meet at the ranger station to discuss some of the greatest nature book selections. Bring a snack to share. The next meeting will be in January. Please call for details about our upcoming book and meeting.</p>
<p><u>Friday Strolls</u> Every Friday, 9:00 – 10:00am Adults only, Free!</p>	<p>Join us for some exercise while enjoying the sights and sounds of Lake Roland. The terrain is varied, but mostly flat with some hills. Hiking boots are recommended. Please bring water with you.</p>
<p><u>Habitat Trail Team</u> 2nd Saturday of every month, 9:00am – 12:00pm Ages 12 and up, Free!</p>	<p>Join a ranger and the Habitat & Trail Team to help maintain the beauty of Lake Roland. We have some of the best trails in Baltimore, so come get your hands dirty! Please wear closed-toe shoes and bring water.</p>
<p><u>Art on the Trail</u> All ages, Free!</p>	<p>On the Red Trail just beyond the Light Rail tracks, hikers can view sculptures created by local artists. These sculptures combine art and nature in the captivating scenery of Lake Roland. For more information, visit http://lakeroland.org/art-trail-2/</p>
<p><u>Yoga in the Park</u> First Saturday of every month, 8:30 – 9:30am Ages 10 and up, \$2 per person</p>	<p>Join us in the Nature Center for an all-levels gentle yoga class with a beautiful view of the Lake Roland Dam. Please bring a yoga mat if you have one. Mats will be available on a first-come, first-served basis.</p>



Program Registration Form

- 1.) Call (410) 887-4156 or email lakerol-rp@baltimorecountymd.gov to make a reservation.
- 2.) Send payment (payable to LRNC) & registration form within 7 days to complete your registration.
- 3.) If you are unable to attend, please call or email to cancel your reservation to allow others to participate.

After making a reservation, please mail payment and completed form to:
Lake Roland, Program Registration: 1000 Lakeside Drive, Baltimore MD, 21210.

Participants Name	Age	Program & Date	Phone Number	Email	Price
					Total:

Advanced registration is required for all programs.

Programs begin promptly at start time.

- All payments are donations and are not refundable unless Lake Roland cancels the program.
- Organizations and large groups must schedule programs separately from the programs (for families) listed in the publication.
- Baltimore County, Department of Recreation and Parks, LKR, its staff, and volunteers are not liable for loss, theft, or damage to personal property.

Rain/Inclement Weather Policy:

- All events are rain or shine unless a rain date is specified.
- Program Leaders determine cancellations on the day of the program.

We reserve the right to deny any visitor the privilege to participate based on behavior that could jeopardize the safety of that individual or the group.

Childcare Disclaimer

This program is designed to provide a healthy and enjoyable leisure experience for your child. However, this is not a licensed childcare program and is not designed to provide child care. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff and volunteers cannot detain youth wishing to leave at any time.

Should you require special accommodations (language interpreter, large print, etc.), please give as much notice as possible by calling the Therapeutic Office at 410-887-5370 / TDD: 410-887-5319.